

An Introduction to Housing and Support Options – choosing where you live and having your own home

Participants

20

Price Band

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No of days

1

Extra Costs

None

This is a one day, or two half days, course for people who want to start thinking about where they might live in the future. If you think you might like to choose where you live, but don't know where to start, this course will help you.

FEATURES

- Starts right at the beginning with what should be done first.
- Helps you think what is important to you and what it is you want.
- Thinks about what type of support you might need in your own house.
- Offers good information about what might be possible.
- Demonstrates how other people with learning disabilities have done it.
- Works out who you need to help you.
- Provides some important information about housing.
- The course uses a mix of short presentations, story-telling, games, exercises and video.
- The course will be taught by one of our expert housing consultants and many of the courses will also include sessions presented by people with learning difficulties who have chosen their own home.

LEARNING OUTCOMES

- Develop the first stage of a personal housing plan.
- Learn about the main ways people find a home of their own.
- Think about how housing and support link together for them as an individual.

WHO IS THE COURSE FOR?

- People with learning difficulties who want to, or have to, think about their future housing options.
- Family members who are starting to think about the future.
- Workers or managers in residential care and group homes supporting people to think about change.
- Advice and support workers in statutory or voluntary agencies.

OUTLINE PROGRAMME

- Thinking about the first steps.
- What is important to you and what is important for you in your life.
- Planning what you want and what you don't want.
- Thinking about what type of support you might need in your own house.
- Hearing stories about how some people with learning disabilities found their own home.
- Important information about housing.