

## Building Brilliant Teams

### Participants

16

### Price Band

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### No of days

1

### Extra Costs

A resource pack on CD-Rom and ring binder of a broad range of team building exercises and activities costs £99 per participant

This one day masterclass is aimed at people who are responsible for team development. It aims to give participants a range of skills, knowledge and techniques for them to do their own team development.

### FEATURES

- A mixture of short presentations around theories and ideas.
- An introduction to a range of exercises and activities for participants to try out and take back with them.
- A challenging and fun day which really tests people's thinking and practice.
- An online assessment of each person's Belbin Team Role™.
- A Kiersey Temperament Sorter Personality Test.
- A Lencioni Team assessment.
- The development of a personal action plan for team building.

### LEARNING OUTCOMES

- Understand how teamwork can break down and know how to deal with it.
- A knowledge of the Lencioni Team Framework.
- An understanding of your own and others preferred team roles and working styles.
- An understanding of team lifecycles and how this aids leadership style and development process.
- A knowledge of personality types and how this impacts on teams.
- Know to get the best performance out of a team.
- Have an awareness and knowledge of a range of processes and exercises to use with teams.
- Know to develop an effective team building session.

### WHO IS THE COURSE FOR?

This course is aimed at anyone who is responsible for team development in any way. This may be by leading a team, as a trainer working with teams, someone wanting to develop these skills for a future career move.

It is useful for people leading a team of support workers, managers, day service staff, professionals or back office staff. The principles and team building techniques are the same – everyone will benefit.

### OUTLINE PROGRAMME

- Five dysfunctions of a team.
- Team life cycles.
- Effective communication.
- Analysing team roles.
- Analysing team performance.
- Analysing working preferences.
- Addressing conflict.
- Committing to action.
- Closure exercises.